NYU Mentoring Workshop Goals, Outcomes, & Agenda
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Workshop Goals
1. Understand distinctions of the graduate degree process
2. Empower students to take control of their degree experience
3. Uncover explicit expectations of graduate education

Workshop Outcomes
- Describe requirements for completing a graduate degree
- Identify potential mentors
- Develop communication and self-management strategies
- Describe the broader university context and resources

Agenda
MONDAY
10 – 10:15am Introductions
10:15 – 11:30am Navigating Differences Between Undergraduate & Graduate Education (JL & HM Co-lead)
15-Min Break
11:45 am – 12:45pm Own Your Ph.D. (HM)
12:45 – 1:30pm Lunch
1:30 – 2:30pm Establishing a Mentoring Network (JL)
2:30 – 3:30pm Healthy Communications with Your Advisor (HM)
15-Min Break
3:45 – 5pm Putting Together the Puzzle Pieces of Self-Management (JL)

TUESDAY
10 – 11:15am Mentoring 101 (JL)
11:15 – 12:30pm Life After the PhD (HM)
12:30 – 1pm Lunch | “Ask Me Anything” Panel Discussion
1 – 2pm Debrief & Wrap-up