

NYU Mentoring Workshop Goals, Outcomes, & Agenda

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Workshop Goals

1. Understand distinctions of the graduate degree process
2. Empower students to take control of their degree experience
3. Uncover explicit expectations of graduate education

Workshop Outcomes

- Describe requirements for completing a graduate degree
- Identify potential mentors
- Develop communication and self-management strategies
- Describe the broader university context and resources

Agenda

MONDAY

10 – 10:15am	Introductions
10:15 – 11:30am	Navigating Differences Between Undergraduate & Graduate Education (JL & HM Co-lead)
15-Min Break	
11:45 am – 12:45pm	Own Your Ph.D. (HM)
12:45 – 1:30pm	Lunch
1:30 – 2:30pm	Establishing a Mentoring Network (JL)
2:30 – 3:30pm	Healthy Communications with Your Advisor (HM)
15-Min Break	
3:45 – 5pm	Putting Together the Puzzle Pieces of Self-Management (JL)

TUESDAY

10 – 11:15am	Mentoring 101 (JL)
11:15 – 12:30pm	Life After the PhD (HM)
12:30 – 1pm	Lunch “Ask Me Anything” Panel Discussion
1 – 2pm	Debrief & Wrap-up